

<div><<requirement>> Account Create Text = "New users can easily create an account" ID = "REQ001" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Log In Text = "An existing users just needs to enter log in information to get started" ID = "REQ002" source = "" kind = "Functional" verifyMethod = "Analysis" risk = "Medium"</div>	<div><<requirement>> Log out Text = "When a user is done using the system they can logout or exit" ID = "REQ003" source = "" kind = "Functional"</div>	<div><<requirement>> Continuous Running Text = "If a user hasn't logged out or closed the program, it should remain open" ID = "REQ004"</div>	<div><<requirement>> Leaving Text = "Members have the option to delete their account" ID = "REQ005" source = "" kind = "Functional"</div>
<div><<requirement>> Data Purge Text = "When an account is deleted all associated data is deleted" ID = "REQ006" source = "" kind = "Functional"</div>	<div><<requirement>> Workout logging Text = "The system needs to store user's workout information" ID = "REQ007" source = "" kind = "Functional"</div>	<div><<requirement>> Workout Type Text = "Workouts need to be defined by type" ID = "REQ008" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Editable Workouts Text = "Workouts must be editable by the user in case of mistake" ID = "REQ009" source = ""</div>	<div><<requirement>> Workout Deletion Text = "Workout are removable in case of mistakes" ID = "REQ010" source = "" kind = "Functional" verifyMethod =</div>
<div><<requirement>> Duration Text = "Workouts must include a duration" ID = "REQ011" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Amount of Weight Text = "Amount of weight lifted during a workout can be added but is optional" ID = "REQ012"</div>	<div><<requirement>> Tracking Workouts Text = "Workouts progress needs to be trackable" ID = "REQ013" source = "" kind = "Functional"</div>	<div><<requirement>> Reading Workouts Text = "Workout progress needs to be easily readable" ID = "REQ014" source = "" kind = "Interface"</div>	<div><<requirement>> Progress time spans Text = "Progress can be viewed by week, month, and year" ID = "REQ015" source = ""</div>
<div><<requirement>> Meal logging Text = "The systems logs any meals entered by the user" ID = "REQ016" source = "" kind = "Functional"</div>	<div><<requirement>> Meals Text = "User can add meals" ID = "REQ017" source = "" kind = "Functional" verifyMethod = "Analysis"</div>	<div><<requirement>> Meal Description Text = "Meal has a description that is entered by the user" ID = "REQ018" source = "" kind = "Functional"</div>	<div><<requirement>> Macros Text = "Macros (calories, carbs, etc.) are captures by the system" ID = "REQ019" source = "" kind = "Functional"</div>	<div><<requirement>> Meal Editing Text = "A meal can be edited by a user in case of a mistake" ID = "REQ020" source = "" kind = "Functional"</div>
<div><<requirement>> Removing meals Text = "If a meal wasn't eaten or was entered improperly it can be removed" ID = "REQ021" source = ""</div>	<div><<requirement>> Hydration Logging Text = "System logs user's" ID = "REQ022" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Hydration editing Text = "Hydration information is editable by the user is case of mistake" ID = "REQ023" source = "" kind = "Functional"</div>	<div><<requirement>> Forgot Password Text = "Users can reset their passwords if they have forgotten them" ID = "REQ024" source = ""</div>	<div><<requirement>> Sleep Logging Text = "The system logs a user's" ID = "REQ025" source = "" kind = "Functional" verifyMethod = "Analysis"</div>
<div><<requirement>> Sleep Times Text = "Sleep times are recorded by the system" ID = "REQ026" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Sleep Rating Text = "User enters an overall sleep rating" ID = "REQ027" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Weight Logging Text = "The system logs the user's weight" ID = "REQ028" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Bodyweight Text = "Workouts require the user to enter bodyweight prior to the workout" ID = "REQ029" source = ""</div>	<div><<requirement>> BMI Prediction Text = "System provides BMI predictions based on past workouts" ID = "REQ030" source = "" kind = "Functional"</div>
<div><<requirement>> Statistics Text = "Exercise stats are tracked and logged for statistical analysis" ID = "REQ031" source = "" kind = "Functional"</div>	<div><<requirement>> Planning Text = "meals and workout can be preplanned and checked off when completed" ID = "REQ032" source = ""</div>	<div><<requirement>> Additional Info Text = "Additional Information should exist in the system" ID = "REQ033" source = "" kind = "Functional" verifyMethod =</div>	<div><<requirement>> Habits Info Text = "Additional information includes proper weightlifting/workout/eating/and sleeping habits" ID = "REQ034"</div>	<div><<requirement>> Accessible Info Text = "Safety information is easily accessible to the user" ID = "REQ035" source = "" kind = "Functional"</div>
<div><<requirement>> Goal Tips Text = "Additional information includes helpful tips to accomplishing workout/lifestyle goals" ID = "REQ036"</div>	<div><<requirement>> Information Storing Text = "System stores information to user's account" ID = "REQ037" source = "" kind = "Functional"</div>	<div><<requirement>> Color Scheme Text = "Program must have Blue and White color scheme" ID = "REQ038" source = "" kind = "Interface" verifyMethod = "Analysis"</div>	<div><<requirement>> Input Detected Text = "Program must visibly indicate when an input is detected" ID = "REQ039" source = "" kind = "Interface"</div>	<div><<requirement>> Back Button Text = "Must have a back button to return to the previous display" ID = "REQ040" source = "" kind = "Interface"</div>
<div><<requirement>> Password Reset Prompt Text = "User must provide password again to change their email or username" ID = "REQ041"</div>				